

Suggested Food Items to Donate

Below is a list of non-perishable food items that are suitable to be donated.

Have fun going through this list and deciding which yummy foods you would like to donate this Christmas!



Some quick tips for buying your food items:

Make sure that your food items are non-perishable and that they have long expiry dates if possible.

Make sure to take your food items to your chosen charity as early as possible. This will allow for the items to be delivered in time for Christmas.

If you have several items to donate, consider putting them into a laundry basket or shopping bag that can be reused by the person receiving them.

Supermarket gift vouchers can also make a great addition to your food hamper and can be used to help people buy those perishable food items such as fresh fruit, vegetables and meat.

♥ Thank you for helping others to enjoy a special meal this Christmas ♥

Christmas Items

Christmas Pudding
Shortbread

Christmas Cake
Bon Bons

Fruit Mince Pies
Napkins

Tinned Food (ring-pull tins if possible)

Corn / Peas / Beans
Fruit

Tuna
Soup

Salmon
Baked Beans / Spaghetti

Snacks

Potato Chips
Pancake Shake
Custard Powder
Chocolates

Savoury Crackers
Dried Fruit / Nuts
Packets of Jelly
Lollies

Sweet Biscuits
Cake Mix
Nutella
Long Life Custard

Drinks

Milo / Hot Chocolate
Instant Coffee

Tea
Long Life Milk

Juice
Sustagen

Other Food Items

Dried Pasta
Rice

Pasta Sauce
Spreads - Jam / Vegemite etc

Cereal
Baby Food

Non – Food Items

Soap
Toilet Paper
Nappies

Shampoo
Laundry Powder
Baby Wipes

Toothpaste
Dish Detergent
Toothbrush